

white wine

Kleine Zalze Chenin Blanc	R200 R40 p/glass
Aromas of ripe pineapple & guava jump out of the glass. This is followed by a rich & ripe palate, beautifully balanced by lemon-lime freshness on the back palate.	
Konkelberg Sauvignon Blanc	R180 R40 p/glass
A fresh white wine with ripe tropical fruit flavors, as well as hints of lemon. It finishes with a mineral & long lingering aftertaste.	
Durbanville Hills Chardonnay	R200 R40 p/glass
This soft accessible wine holds an abundance of dried peaches, apricot, citrus & vanilla flavours & ends with a crisp acidity.	
Sophie te'Blanche Sauvignon Blanc	R180 R40 p/glass
Vibrant pure fruit of cut green apples, zesty limes, gooseberries & tropical notes with white flowers & subtle mineral undertones. Sophie is fresh, crisp, balanced, accessible, playful, & delicious!	
Fryer's Cove Chenin Blanc	R180
Bright with acidity that supports mouth-watering flavours of lemon, nectarine & white peach. The lingering minerality provides a vibrant & satisfying finish, with subtle oak spice from maturation in large oak barrels.	
Cape Fern Sauvignon Blanc	R160
Classic wine with elegant capsicum & tropical notes that develops in a flinty wine with a lingering finish.	
Agaat Christina	R220
Bursting with flavours of crisp green apple, freshly cut grass & capsicum infused with tropical notes on the palate to create a lingering finish.	
Diemersdal Sauvignon Blanc	R170
The nose is complex with an array of tropical fruit, ripe figs, & gooseberries. These crisp flavours repeat in the mouth, along with a mineral character followed by a long fruity finish.	
Diemersdal Chardonnay Unwooded	R200
Inspires the nose with concentrated spicy nuances & abundance of fruits such as green apple & sweet melon. Its taste is convincing with its fresh notes of citrus fruits.	
Fryer's Cove Bamboes Bay Sauvignon Blanc	R370
This wine brims with a vibrant mix of citrus & passion-fruit aromas, while wisps of fresh seaweed awaken the senses. The nose follows through on the palate with intense lime & tropical flavours, rounded off with lingering sally minerality that is so typical of the Cape West Coast & Bamboes Bay.	
Boschendal 1685 Sauvignon Blanc	R200
A mélange of yellow & green tropical fruits with hints of citrus. Soft, full bodied with a harmonious palate & coated acidity adding to the zesty, mineral finish. Good balance & structure, with a persistent lingering length.	
Brampton Pinot Grigio	R200
A deliciously inviting fleshy peach gusto, fresh citrus zeal, succulent pineapple appeal & a riveting, fresh finish.	
Brampton Unoaked Chardonnay	R130 R35 p/glass
Citrus & lime on the nose as well as a hint of pear, peach & winter melon. This is a rich wine with a creamy core layered with not only lime notes, but also delicate green apple.	
Fryer's Cove Sauvignon Blanc	R240
Concentrated aromas on the nose of guava, paw-paw, green fig and limes. This wine is fresh, bright, & bursting with vibrant citrus fruit, mouthwatering grapefruit & wonderful saline savouriness that makes it a fantastic food pairing.	
Longridge Organic Chenin Blanc	R350
This naturally fermented Chenin is just off dry. It has notes of fresh straw, honey, pineapple, & stone white fruit, with understated oak & a hint of almond paste. A long mineral finish.	
Longridge Chardonnay	R350
Distinct notes of minerality, combined beautifully with citrus & lime aromas on the nose, complemented by shortbread & dessert peaches on the palate, ending in a refreshing, lingering & perfectly balanced finish.	
Hermanuspietersfontein Kaalvoet Meisie SB	R250 R45 p/glass
Known for her natural freshness & mouthfeel, she offers European minerality with nuances of fresh fynbos spice & green apple.	
Grand-Mère Single Vineyard Semillon	R350
The flavours evolve & persist from the entry onto the palate, with layers of succulent tropical fruit & candied citrus flavours unfolding. The well-defined fruit is balanced by a mouthwatering acidity & a lingering minerality on the finish.	
Anemos Chenin Blanc	R350
This delicately wooded Chenin Blanc shows a complex yet fresh character & style, with crisp acidity & elegance. On the palate, it displays dried apricot & peach with tropical notes, alongside a ripe, white fleshy pear & zesty citrus finish.	
Brampton Born Free Sauvignon Blanc (De-alcoholised)	R120 R35 p/glass

rose / blush

Pierre Jourdan Tranquille	R160 R40 p/glass
This is a wine inspired by the Champagne region. It occurs when a sparkling wine doesn't go through second fermentation, resulting in a still wine that is low in alcohol and big on taste.	
Gorgeous Pinot Noir Chardonnay	R120 R35 p/glass
This wine features spicy, mineral scented aromas of orange blossom, jasmine & pear followed by layers of mouth filling raspberry cream, grapefruit, lime & honeydew melon flavours. A juicy acidity provides the perfect balance followed by a clean, satisfying finish.	
Hermanuspietersfontein Bloos	R220 R45 p/glass
The only South African Premium Rosé comprising all five Bordeaux varietals, she shows an abundance of fresh fruit, finesse, & layered complexity.	
Haute Cabriere Chardonnay Pinot Noir	R220 R45 p/glass
The Haute Cabrière Chardonnay Pinot Noir refined with a firm acidity & an abundance of ripe fruit on the bouquet & palate. The aftertaste lingers long on the palate, a typical characteristic of Cabrière wines.	
Allesverloren Tinta Rose	R180 R40 p/glass
This rosé wine from South Africa reveals wonderfully expressive aromas of plum, black cherry, plum and shade morals, rounded off by Mediterranean herbs, lovage's and garrigue.	



la vie lente

BISTRO · VENUE

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ALCOHOLIC BEVERAGES

&

WINE LIST

Please Note

A 10% service fee will be added to tables with 8 or more guests, irrespective of split bills.

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ALCOHOLIC BEVERAGES

cocktails

Long Island Iced Tea	R60
A Long Island iced tea is a type of alcoholic mixed drink typically made with vodka, tequila, light rum, triple sec, gin, and a splash of cola, which gives the drink the same amber hue as iced tea.	
Mojito Slushie	R60
The cocktail often consists of five ingredients: white rum, sugar, lime juice, soda water, and Spearmint.	
Strawberry Daquiri Slushie	R60
White rum, strawberries, lime.	
Breakfast Mimosa	R60
A mimosa cocktail is composed of champagne and chilled citrus juice.	
Tequila Sunrise	R65
The tequila sunrise is a cocktail made of tequila, orange juice, and grenadine syrup.	
Blue Lagoon	R65
Blue Lagoon is a cocktail featuring blue Curaçao mixed with vodka and lemonade.	
Summer Rose Sangria	R60
Summer Rose Sangria 1lt	R150

gin station

Eurasia ~ Distilled gin, berries, lemon, rosemary, honey and soda water.	R60
The 3 C's ~ Citrus gin, cucumber, cranberries, and soda water.	R60
Blue Lagoon ~ Blue gin, lime juice, lemonade, infused berries.	R60
Floral Bouquet ~ Botanical gin, lavender, lime, tonic water.	R60
Blushing Girl ~ Pink gin, lemon, mint, rose water, tonic water.	R60
Peachy Perfect ~ Peach gin, peach slices, blueberries, soda water.	R60
Gin on Tap	R50

spirits & shooters

SINGLE SHOTS

Bells	R25	J&B	R25
Jameson	R35	Jack Daniels	R35
Johnnie Walker RED	R25	Glenfiddich 12yrs	R55
Olof Bergh Brandy	R25	Richelieu	R25
KWV 5 years	R25	Bacardi	R25
Malibu	R25	Spiced Gold Rum	R25
Captain Morgan	R25	Gordons Gin	R25
Smirnoff Vodka	R25	Mainstay Cane	R25
Old Brown Sherry	R25	Jägermeister	R35
LOVOKA caramel	R35	Jose Cuervo Tequila Gold	R35
Tequila	R35	Po-10-C	R25
Amarula	R25	Strawberry Lips	R25

craft beer, beer & ciders

KRAFFT .33 Lager on Tap	R40	Amstel Lager	R28
Black Label	R28	Castle Lager	R28
Castle Lite	R28	Devils Peak Free	R25
Millers Draught	R30	Windhoek Draught	R30
Heineken	R33	Windhoek Lager	R28
Hunters Dry	R30	Hunters Gold	R30
Hunters Extreme	R30	Savanna Light	R30
Savanna Dry	R30	Red Square Energy	R40
Flying Fish Lemon	R40		

WINE LIST

red wine

Hermanuspietersfontein Posmeester	R250
Posmeester is a fresh Bordeaux-style blend that promises a pleasant everyday drinking experience. It has generous length, smooth tannins, medium body, pure intensity, supple consistency, open structure, dry finish, and flowing balance.	
Kanonkop Kadette Pinotage	R270
A complex wine with hints of red fruit & mocha flavours. Elegant tannin structures with a good length & dry finish.	
Cape Fern Shiraz	R160
A classic wine with blackberries and rich spicy notes, followed with subtle oak that results in a bold wine with a lingering finish.	
Agaat John David	R220
Intense aromas that follow through on the palate, ripe blackberries and spicy pepper flavours come to life with a lingering soft tannins and a hint of oak.	
Boschendal 1685 Shiraz	R280
Deep black fruit with riper vintage fruit expression with pepper spice. Richness and juiciness with round integrated fruit core and silky ripe tannins. Shows elegant freshness and length with a lingering fruit on the finish.	
Boschendal 1685 Merlot	R200
Rich red cherry and plum notes. Elegant cool-climate style, good fruit intensity and length. Pronounced ripe mulberry flavours.	
Boschendal Nicolas	R260 R50 p/glass
The Nicolas De Lanoy is a three premium red variety blend, with sumptuous dark berry fruit supported by hints of spice and a gentle mouthfeel.	
Brampton Cinsault	R200 R40 p/glass
Vibrant, raspberry-red in the glass – it bursts with juicy flavours of cranberry, fresh red cherries, and red wine gums. An all-rounder for both connoisseurs and cocktail drinkers alike, this wine ticks all the boxes.	
Roxton Black Cabernet Sauvignon	R320
A seamless integration of oak spice and oak tannin entwined with the Cabernet's masculinity, adds real depth and complexity to the wine.	
Fryer's Cove Grenache Cinsault	R280
This medium-bodied wine is bright and exuberant in colour with light violet hues. It is packed with aromas of wild raspberry and a hint of clove spice. It boasts smooth tannins with a balanced acidity, giving it a seductive round finish.	
Konkelberg Rouge	R200 R40 p/glass
This refreshing and smooth wine with its soft tannin's is bursting with ripe black cherries and rose petals. Fynbos and vanilla on the palate adds extra complexity.	
Longridge Cabernet Sauvignon	R480
An elegant wine with classic aromas of rich cherry tobacco, cigar box and dark fruit, complemented by silky tannins, which are well structured and delicately smooth.	
Tall Horse Merlot	R120 R35 p/glass
Great ruby intensity with liberal ripe plum & spice on the nose before a smooth lush entry with lashings of black cherry, mulberry and plum fruit flavour well incorporated with deft oak notes.	
Pepper Wind Limited Release Syrah	R450
An intense wine with layered ripe berries, natural spice & exceptional structure. Characterised by an excellent balance between bright fruit & integrated spicy oak with a coated acidity & earthy minerality.	
Boschendal Black Angus	R500
Smooth & rich, leading to sumptuous ripe mulberry, black cherry & cassis flavours etched with black pepper & oak spice on the palate. The finish is long and moreish, with tremendous texture and lingering fruit concentration.	

sparkling wine

Pongracs MCC Brut	R320
This is a timeless Cap Classique with great elegance and complexity.	
Pongracs MCC Brut Rose	R320
This Cap Classique Rosé delights the palate as much as the eye and evokes an air of romance with its delicate salmon pink hue.	
Pierre Jourdan MCC Brut	R320
The lime characteristics of the Chardonnay predominate but are well supported by the Pinot Noir. Pierre Jourdan Brut is crisp, stimulating and rewarding on the palate.	
Boschendal Grande Cuvee Vintage Brut	R480
Fresh green apple and hints of citrus supported by discreet almond biscotti and brioche typical to classic bottle fermented sparkling wine style. Extended lees contact gives a full and creamy mouthfeel with elegant minerality, good balance and a seamless finish.	
Boschendal Luxe nectar Demi Sec	R295 R50 p/glass
A flourish of delicate bubbles brings forth the decadent crème Brûlée and almond Biscotti deliciousness, balanced with alluring lemon cream and orange peel to finish with vibrant freshness and length.	
Gorgeous Sparkling Cap Classique	R280
With the most alluring floral undertones, this exquisite sparkling rose delights with a palate of raspberry cream, juicy strawberries and nuances of spiced peach and delicate cherry blossom. It provides a gorgeous balance between exuberance of fruit and acidity with a delightful twist of superb lusciousness.	
Boschendal Brut Rose	R295 R50 p/glass
The Brut Rosé captivates with its delicate pale pink colour and intoxicating red fruit aromas which further delight the palate with hints of strawberry, raspberry, and cherry flavours.	
Da Luca Prosecco	R280 R50 p/glass
With wonderful peach and apricot aromas, it has a fresh and zingy palate with just a touch of sweetness and a clean finish.	
Krone Nectar	R360
Aromas of baked golden apple and marzipan. Refreshing lemon curd and subtle fruit flavour fill the palate.	
Gorgeous Rose Sparkling Non-Alcoholic	R160 R35 p/glass